

❑ 13 Year-Old boy with Tourette's, Anxiety, and Digestive problems

This young man came to us with a variety of health problems. Since he began care, there have been significant improvements in his health and body functions. We are very proud of his accomplishments. Here is what he had to say:

Dear Dr. Saunders,

Thank you so much for the wonderful chiropractic work that you have given me. I have been suffering for the past 5 years with Tourette's syndrome, Anxiety disorder, Intestinal problems, and other stresses in my life. A lot of my pressures come from school, and just trying to keep up. I also have had migraines in the past few years. Since I've started seeing you 2 months ago, you have helped me with all of my problems, my stress, and my pains. I always look forward to my adjustments because I always walk out feeling ten times better. I know that if I keep seeing you, you will help relinquish my problems. I think that you would be a great help to other kids who suffer from learning disabilities, anxieties, obsessive compulsive disorders, sleep disorders, and many other problems caused by everyday stress. Thank you Dr. Saunders, you have been a great help in my life.

-B.B.

❑ Want Research?

Upper Cervical Chiropractic Care for a Nine-Year-Old Male with Tourette Syndrome, Attention Deficit Hyperactivity Disorder, Depression, Asthma, Insomnia, and Headaches: A Case Report July 12, 2003, p 1-11 J VERTEBRAL SUBLUXATION RESEARCH Erin L. Elster, D.C.

Upper cervical care was used for a nine-year old male with Tourette Syndrome (TS), Attention Deficit Hyperactivity Disorder (ADHD), depression, asthma, insomnia, and headaches since age 6. Forceps were used during his delivery. His medications included Albuterol™, Depakote™, Wellbutrin™, and Adderall™.

Chiropractic care using an upper cervical technique corrected and stabilized the patient's subluxation. After 6 weeks of care, all 6 conditions were no longer present and all medications were discontinued with the exception of a half-dose of Wellbutrin™. At the conclusion of his case at 5 months, all symptoms remained absent. The response to care suggests a link between the patient's traumatic birth, the upper cervical subluxation, and his neurological conditions.

Impaired arterial blood flow to the brain as a result of a cervical subluxation: a clinical report. Risley, WB. Journal of the American Chiropractic Assoc June 1995. pp. 61-63.

Conclusion: The author has witnessed impairment of the velocity of arterial blood flow of the occipital artery, unilaterally or bilaterally, as a direct result of a cervical subluxation

in over 15,000 patients. This impairment is documented by Doppler examination and is the virtual 100 percent concomitant of a cervical subluxation. Clinical correction of the subluxation, especially at the C-1, C-2 level, restores the blood velocity through the occipital artery, virtually 100 percent of the time. Failure to correct the subluxation commonly fails to relieve the impaired blood velocity in this artery. It is thus an effective monitor of the efficacy of the administered adjustment.